

## LET'S PLAY TODAY® ACKNOWLEDGMENTS

December 2011

Yvonne and Lolly were an absolute pleasure to work with. They were highly-organized, on time and very professional from start to finish. They put on such an energetic and fun performance here at Whole Foods Market Plymouth Meeting, and had many of our guests – both young and old – up and dancing in our café. We cannot wait to have them perform at our store in the future.

**Amy Chidichimo**  
**Marketing Team Leader**  
**Whole Foods Market Plymouth Meeting**

October 2009-2011

Thank you for appearing once again this year at the Juvenile Diabetes Research Foundation's Walk to Cure Diabetes at the Bucks County Community College on Sunday October 23. Your enthusiasm and energy provided a perfect opening warm-up for both our kids and adults and I am still marveling at how many of our 3000 walkers you had following along! I was extremely impressed with the fitness/entertainment program you devised for the relatively short amount of time we were able to allocate to you in the day's line up. Kudos to you for your dedication to community service.

**Michelle Dorfman**  
**Juvenile Diabetes Research Foundation- Eastern PA Chapter**  
**Bucks County Walk Chairperson**

October 2010 and 2011

Yvonne Kusters of Let's Play Today – Fitness For Kids, Her enthusiasm and love of fitness were abundantly clear. The energy and fun that was created for the children during her warm-up stretch was amazing. Even the adults found themselves participating in the "Cotton Eye Joe" dance. It was such a celebration and we look forward to having Yvonne year after year at this annual 5k/Kids Fun Run event.

**Sheena Bediako, Esquire**  
**Newtown Library Company (Bucks County, PA)**  
**Race Director**

September 2011

LOLLY HOPWOOD & the LET'S PLAY TODAY BUNCH energizes kids by engaging them in interactive song and dance. Everyone becomes a part of the performance, which draws in the crowd, with their positive message and catchy tunes with just the right mix of giggles, wiggles and smiles! They provided a perfect entertainment package for Northampton Parks & Recreation "Let's Move" event.

**Betty Satterley**  
**Northampton Township Parks & Recreation**  
**Special Events Coordinator**

September 2011

Yvonne,  
Everyone really LOVED this program--parents AND children! Both of our locations were thrilled with your very fast and fun event and definitely plan to have you back for a return visit! You are fantastic and fabulous!!!

**Jean Eldridge**  
**Youth Services Librarian**  
**Hunterdon County Library**

September 2011

I have had the pleasure of attending Yvonne's workshops. Yvonne is very energetic and creative. She has a knack for keeping everyone's attention and maintains a great pace. Her workshops are interactive and fun for all. She has so much to share and is a great resource for creating a healthy environment.

**Beth Montanari**  
**Tabor Children's Services**

June 2011

The "Let's Play Today Bunch" performed prior to one of our movies in the parks and had ALL the kids up and moving and having tons of fun. The endless energy by the group makes having them perform a very worthwhile choice!

**Dan Sharapan**  
**Director of Parks, Recreation & Open Space**  
**Warwick Township**

May 2011

We booked "Lolly Hopwood and the Let's Play Today Bunch" for our Perkasie Springfest Community Day 2011. Their performance was fantastic and full of energy. They had BOTH the kids and parents dancing in the streets! Looking forward to having them back in 2012.

**Sarah Prebis**

**Event Planner for Perkasie Springfest  
Perkasie, PA 18944**

May 10, 2010

Dear Yvonne,

I would like to take this opportunity to thank you for agreeing to be a performer at my annual Children's Expo. Needless to say, the children were thrilled to participate during your exercise program and during the entire event at your exhibitor's table. It was a pleasure to meet and speak with you following the Expo. I would like to personally thank you, once again, for your generous support of this event.

**Sincerely,**

**Robert "Tommy" Tomlinson  
State Senator**

June 1, 2010 □

Yvonne Kusters is an excellent workshop leader on the subject of "Educational Exercise for Young Children". She understands the needs of children and is an effective presenter. She brings scarves, balls, and other material to demonstrate how these can be used in an exercise program. She uses videos of children in her classes to demonstrate effective techniques. Teachers leave with many new ideas that can be instantly tried in their schools. Evaluations are positive and I recommend Yvonne. □ □

**Sincerely,**

**Ellen Walters  
Consultant for Early Childhood Education**

May 12, 2010

The workshop was excellent! Yvonne was energetic and well versed in health and exercise! I really learned some creative exercises for my 4-5 year old students inside and outside of the classroom.

**A Happy Attendee from FIT FUN FOR THE LITTLE ONE workshop**

September 29, 2010

Dear Ms. Kusters:

Thanks to your participation, my Kids Fest was a tremendous success! I hope you enjoyed the day and want to personally thank you for your support of this event.

**Sincerely,**

**Chuck McIlhinney  
State Senator**

October 2010

I love the enthusiasm of Yvonne and how she relates so well to the kids. She makes the activities fun, age appropriate, non-competitive and engages the kids to improve gross motor skills. They don't realize they are even exercising!

**Preschool Teacher**

October 2010

Very well organized program. The children are motivated from the moment they walk through the gym door. They are always asked to participate. The teacher always uses positive reinforcement. Yvonne constantly builds a child's confidence and self-esteem. During gym class there is always a designated theme. They are continually learning as they are playing, running, and jumping. The children leave the gym class with a big smile and look forward to the next time they have class.

**Preschool Teacher**

December 2010

*I cannot sing the praises of Yvonne enough. I first met her about 5 years ago while I was recovering from a work related injury. That injury prevents me from working, walking and doing many things that I love. I saw all the specialists and had physical therapy, and I was still in pain and had limited mobility. I began attending her water aerobic classes and through her encouragement and guidance also lost 20 pounds. Yvonne made me enjoy exercising and got me the right nutritional advice. Believe me this is an incredible feat as I had always been a couch potato. I still take her water classes, but I now am also taking one of Yvonne's land classes and enjoy the personalized attention that she takes with each one of her clients. She is quick to spot any position that could possibly cause injury and will adapt an exercise so a client can work that muscle group without injury. If I was to think of adjectives to describe Yvonne, the first one that comes to mind is compassionate. Yvonne cares so deeply about the people she touches, it can be seen all the time. She encourages each person to exercise to his or her best ability and makes exercising fun. She is a remarkable and beautiful person.*

**Sue Miller**